# Shelter Grocery Wish List



We are looking for ways to help our shelter residents with stability and independence, that includes learning how to cook meals. We can now accept donations of grocery items to help our shelter cook quick and easy meals on their own. You can use the meal options we've provided or provide ingredients to your favorite dish!

#### **Meal Option 1**



Our shelter houses up to 35 women and children. You can book a day to drop off food at welcomehouseky.org.



For questions, contact Grace Schumacher at gschumacher@welcomehouseky.org or 859-431-8717

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You can donate the suggested items here, or donate ingredients to your favorite quick dish!

## **Meal Option 4**

### **Meal Option 5**





### **Meal Option 6**



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