



GROCERIES

WISH LIST

- ☐ Canned meat (chicken, tuna)
- ☐ Crackers
- ☐ Granola or protein bars
- ☐ Canned pasta (ravioli, etc.)
- ☐ Canned soup (with tab to open)
- ☐ Uncooked pasta noodles
- ☐ Canned fruit (with tab to open)
- ☐ Canned vegetables (with tab)
- ☐ Canned beans (with tab)
- ☐ Pasta sauce
- ☐ Peanut butter
- ☐ Jelly
- ☐ Cereal
- ☐ Instant oatmeal
- ☐ Macaroni & cheese
- ☐ Flavored rice or pasta
- ☐ Bottled water
- ☐ Sports drinks
- ☐ Fruit juice
- ☐ Powdered milk
- ☐ Ground coffee
- ☐ Powdered creamer
- ☐ Low-sodium foods
- ☐ Sugar-free foods for diabetics
- ☐ Kool-ade mix, lemonade mix
- ☐ Hot cocoa mix
- ☐ Granola snack mix
- ☐ Dehydrated fruit
- ☐ Condiments
- ☐ Instant rice
- ☐ Instant mashed potatoes
- ☐ Gravy

Donations may be delivered to 205 W. Pike St. in Covington, KY during regular business hours (Mon.-Fri. 9am-5pm). For questions or to arrange a pickup, please contact Sara Kahmann at 859-431-8717 or skahmann@welcomehouseky.org.

☎ 859.431.8717 📠 859.431.6297
205 W Pike St. | Covington, KY 41011
WelcomeHouseKY.org